

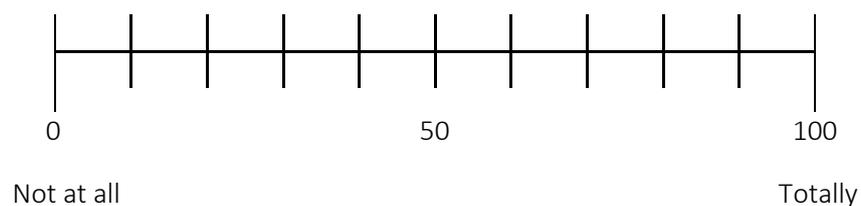
The Grandiosity Meaning Measure (gram) and Grandiosity Meaning Measure – Sources

Preliminary questions

1. This questionnaire asks about your experiences of feeling exceptional. This could include having special abilities, identity, role, mission or wealth. Please write below a brief description, in one or two sentences, of your specific experience of being exceptional (e.g., “I have superior intelligence to others”; “I am on a special mission from God to save the world”; “I have the ability to predict the future” etc.)

2. At present, how strongly do you believe that you have these exceptional abilities, identity, role, mission, or wealth?

(please rate this on a scale from 0 to 100 where 0 = do not believe it at all, and 100 = believe it totally)



The following questions ask about **the impact of feeling exceptional**. It is quite a long questionnaire so please take a few minutes break during it if you need to.

Please indicate how strongly you agree with each statement listed below. Please base your answers on your thoughts and feelings over the **last two weeks** in relation to feeling exceptional. Some of these will apply to you but some may not:

The Grandiosity Meaning Measure (gram)

	<i>Do not agree</i>	<i>Agree a little</i>	<i>Agree moderately</i>	<i>Agree very much</i>	<i>Agree totally</i>
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
1	Having these exceptional abilities/identity/ role/mission/wealth gives me a clear direction to follow in life.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
2	Having these exceptional abilities/identity/ role/mission/wealth gives me something I can be really committed to in the future.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
3	Knowing that I have these exceptional abilities/identity/ role/mission/wealth helps me to make sense of odd, strange, or unusual experiences that I have had.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
4	Having these exceptional abilities/identity/ role/mission/wealth means that I have a much better idea of what I want to do in my life than others do.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
5	Having these exceptional abilities/identity/ role/mission/wealth gives me a reason to live.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
6	Having these exceptional abilities/identity/ role/mission/wealth makes living deeply fulfilling.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
7	Having these exceptional abilities/identity/role/mission/wealth means that I know where my life is going in the future.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
8	Having these exceptional abilities/identity/ role/mission/wealth makes my life meaningful.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
9	Knowing that I have these exceptional abilities/identity/ role/mission/wealth helps me to understand why people behave towards me as they do.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
10	Knowing that I have these exceptional abilities/identity/ role/mission/wealth helps me to make sense of what is going on in the world.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
11	Having these exceptional abilities/identity/ role/mission/wealth means that my life is important.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
12	Having these exceptional abilities/identity/role/mission/wealth means that I really value my life.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>

Gram cont.

	<i>Do not agree</i>	<i>Agree a little</i>	<i>Agree moderately</i>	<i>Agree very much</i>	<i>Agree totally</i>
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
13	Having these exceptional abilities/identity/ role/mission/wealth makes my life worthwhile.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
14	Knowing that I have these exceptional abilities/identity/role/mission/wealth helps me to understand why upsetting things have happened.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
15	Knowing that I have these exceptional abilities/identity/ role/mission/wealth helps me to predict what will happen in certain circumstances.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
16	Having these exceptional abilities/identity/ role/mission/wealth means that I have future plans that I am looking forward to.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
17	Knowing that I have these exceptional abilities/identity/ role/mission/wealth helps me to understand why particular events have happened in my life.				
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>

The questionnaire continues with a second part on the next page.

If you would like to take a short break before moving on please do so.

The Grandiosity Meaning Measure - Sources

Having these exceptional abilities/identity/role /mission/wealth.....

	<i>Do not agree</i>	<i>Agree a little</i>	<i>Agree moderately</i>	<i>Agree very much</i>	<i>Agree totally</i>
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
1 ...gives me the confidence to stand up for myself.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
2 ...means that I have a special religious mission to carry out.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
3 ...has allowed me to be at peace with my past.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
4 ...makes me feel happy.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
5 ...gives me a mission in life.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
6 ...has helped me to stop evil forces.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
7 ... has led to me finding someone who loves me.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
8 ...means that I am dedicating my life to a worthwhile cause.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
9 ...gives me confidence in my opinions even if they are different to the opinions of other people.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
10 ...has helped me cope with the anxiety and fear that I have experienced in my life.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
11 ...has given me a personal relationship with God.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
12 ...has made me sure that there is an afterlife.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
13 ...means that I can support those I care about.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
14 ...makes me attractive.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
15 ...means that I can leave behind something good when I'm gone.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
16 ...helps me feel better about the things that I don't have in life.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>

Grams cont. Having these exceptional abilities/identity/role/mission/wealth.....

	<i>Do not agree</i>	<i>Agree a little</i>	<i>Agree moderately</i>	<i>Agree very much</i>	<i>Agree totally</i>
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
17 ...means that others find me interesting.	0	1	2	3	4
18 ...means that others see me as powerful.	0	1	2	3	4
19 ...has made it easier to bear much sadness.	0	1	2	3	4
20 ...makes me feel confident to do what I think is right, even if others don't agree.	0	1	2	3	4
21 ...means that I am destined to accomplish something important.	0	1	2	3	4
22 ...means that others see me as successful.	0	1	2	3	4
23 ...means that I have something valuable to give to the world.	0	1	2	3	4
24 ...means that I can protect my loved ones from harm.	0	1	2	3	4
25 ...makes me feel excited.	0	1	2	3	4
26 ...means that I can make the people I love happy.	0	1	2	3	4
27 ...makes me feel energised.	0	1	2	3	4
28 ...has enabled me to cope with my problems.	0	1	2	3	4
29 ... has meant that I can help to keep the world balanced towards good.	0	1	2	3	4
30 ...has prevented the Devil's work.	0	1	2	3	4
31 ...means that others respect me.	0	1	2	3	4
32 ...has made me a more spiritual person.	0	1	2	3	4

grams cont. Having these exceptional abilities/identity/role/mission/wealth....

	<i>Do not agree</i>	<i>Agree a little</i>	<i>Agree moderately</i>	<i>Agree very much</i>	<i>Agree totally</i>
	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
33 ...makes it easier to cope with the fact that my relationships with others are not as I would like them to be.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
34 ...means that others see me as talented.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
35 ... gives me confidence to make my own decisions without being influenced by what everyone else is doing.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
36 ...has meant that I can find solutions to my problems.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
37 ...has helped me to feel confident about myself.	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>

If there has been any other impact of your exceptional abilities/ identity/ role/ mission/ wealth on you, please note it below:

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