Thinking about Exceptional Experiences Questionnaire (TEEQ)

The following items concern your thoughts and feelings about your experiences of feeling exceptional. Please circle the number that best describes your experiences over the last two weeks.

		Not at all	Rarely	Some of the time	Often	All of the time
In re	elation to my exceptional abilities/identity/role/mission/wealth:					
1	I've been thinking about it a lot.	0	1	2	3	4
2	It feels important to think about it a lot.	0	1	2	3	4
3	Anything and everything has set my mind to thinking about it.	0	1	2	3	4
4	Images (or pictures) associated with it have come into my mind.	0	1	2	3	4
5	It has been hard to think about anything else.	0	1	2	3	4
6	Thinking about it has stopped me sleeping.	0	1	2	3	4
7	Thoughts about it are hard to control.	0	1	2	3	4

Scoring instructions:

Add together the items below to obtain subscale scores: Thinking a lot – items 1, 2, 3, 4